



# Zontagram

Advancing the status of women worldwide

August 2007

Zonta of Everett, P.O. Box 5204, Everett, WA 98206 • 425.356-3506  
www.everettzonta.org www.zontadistrict8.org

## Meetings

1st Thursday - 7:30 AM  
3rd Thursday - Noon

Everett Golf & Country Club

## Club Officers 2006 - 2007

President: Isbell Juntila  
Vice President: Paula Trimble  
Secretary: Judy Gish  
Treasurer: Nancy Kniest  
Immediate Past President:  
Helen Kendall  
Directors:  
Term May 2006 – May 2008:  
Norlonna Funkhouser  
Janet Jolley  
Term May 2007 – May 2000  
Deborah Nedelman  
Carol Dreysse

## Newsletter

Editor: Darlene Conklé  
Distribution: Carol Dreysse

**DEADLINE:** Information for publication should be emailed by the 20<sup>th</sup> of each month to [editor.dar@gmail.com](mailto:editor.dar@gmail.com)

**NOTE:** Change in e-mail address for the Editor

## President's Message

By Isbell Juntila

What a great couple of Program meetings we've had. The June meeting with Jean Ann's presentation was *after* the requested deadline (the 20<sup>th</sup> of the month please) for the July Zontagram, so this is a belated but well deserved THANK YOU for a very informative and insightful talk on Leadership in Volunteer Management. Our talented Secretary Judy took some great notes and those will be included in this edition. I found the 4 stages of group development particularly interesting, very much like what our Club goes through with the change of leadership. My goal is for us to excel at #4!

Thanks also go to the wonderful team at the Snohomish County Center for Battered Women and Providence, what incredible work they do. I am so proud we have been able to support them with funding, volunteering and distributing their safety cards. Theirs is a daunting task but I *know* that they make a difference in the community.

What a pleasant surprise to have Jan Parker at lunch today, I know we are all delighted to learn of her good report from her doctors. Welcome back Jan!

Don't forget to put our Annual Picnic on your calendar. It's August 25<sup>th</sup> at Jaime Berry's home on Hat Island. There is more information in the newsletter. I am looking forward to taking a Saturday off to play.

And last but definitely not least our Wild, Wild West Auction is fast approaching, we need the entire membership to contribute their time, talents, donations, attendees and positive energy to make this a success so that we can continue to make a difference.

Happy August!

Isbell



**No August  
Program Meeting,  
Thurs, Aug. 16**



**Reminder**  
**Zonta Annual Picnic**  
**On Hat Island**

Date: Saturday, August 25 \* Time: 11:00 AM

Hosted by Zontian Jaime Berry

**Important Dates:**



- Business Meeting, Aug 2, 7:30 AM, Everett Golf & Country Club
- Auction Meeting, Aug. 9, 6:00 PM, Joan Thomasson's home
- Board Meeting, Aug 28, 5:30 PM, Holiday Inn, Everett
- Annual Zonta Picnic, Aug 25, 11:00 AM, Hat Island
- District 8 Conference 2007, October 18-20, Eugene, Oregon
- Holiday Auction, Tues., Dec. 13, 12:00 Noon, Everett Golf & Country Club



**Zontian's Birthdays**

- Isbell Juntila Aug 8
- Mary Garvey Aug 27
- Pat Allen Aug 29
- Jean Ann French Aug 31

**Raffle List**

Aug 2 - Isbell Juntila  
 Sept 6 - Paula Trimble  
 Sept 20 - Helen Kendall  
 October 4 - Sandy Kaduce  
 October 18 - Linda Senter

## ZONTA CLUB OF EVERETT BUSINESS MEETING MINUTES July 5, 2007

**Call to Order:** The business meeting was called to order at 7:30 a.m. by Vice- President Paula Trimble, in place of President Isbell Juntilla, who is vacationing in Alabama.

### **Self Introductions and Z-lightful Dollars, Raffle**

**Opportunity:** Members introduced themselves, explaining their classification/business affiliations. Z-lightful dollars were donated as members shared important/recent events or celebrations in their lives. A raffle was offered, donated by Chris Rommel, which was a Harry and David item. Those interested purchased tickets.

### **Club Discussion and Action:**

Approval of June 7<sup>th</sup> Business Minutes- The Motion to make donations to the Zonta International Foundation as memorials for those related to members of the Zonta Club of Everett, was made by Chris Rommel, not Isbell Juntilla as stated in the Minutes. The correction was noted and Minutes will be adjusted. Janice Henning Moved and Marion Berry seconded a Motion to accept the Minutes as corrected. The Motion passed.

**Approval of Treasurer's Report** - Jean Ann French reported in the absence of Treasurer, Nancy Kniest. The recent Audit went smoothly and everything is in order. Carol Dreyse made a Motion to accept the Treasurer's Report as stated. It was seconded by Margaret Bruland. The Motion passed.

**Auction Budget Presentation and Approval** - Carol Johnson and Jean Ann French presented the proposed Auction Budget for the October 27, 2007 Zonta Auction. Jean Ann gave an overview of the Table Captain's duties/responsibilities, emphasizing the importance of bringing in people from outside of Zonta, creating outside financial support for Auction purchases. She explained that tables can go together for larger item purchases, and other strategies are possible to align with others for purchases. She introduced a packet that has been prepared for Table Captains to assist them in this role. There will be no invitations this year as there have been in the past. Instead, members are to contact friends and acquaintances personally, and postcards will be mailed out to confirm date, time, place and a reminder call will be another part of the process. Darlene questioned how we will collect ticket monies in advance and questioned other parts of the administrative process with this plan in place. The committee will iron out details to make certain the registration process runs smoothly and needed information is in place for processing purchases.

Carol Johnson reported that our goal is to have 200 guests. The facility holds a maximum of 250. There is still a need for eleven more Captains.

Carol Dreyse is set up as of Monday, July 9<sup>th</sup>, to enter completed solicitation forms and other information related to the Auction. Carol D. commented some might want to spend the night near the Auction site in Lynnwood, and it would be good to have information regarding optional possibilities such as Best Western of Lynnwood, Embassy Suites, Marriott Courtyard, etc; Carol Johnson will be collecting the \$20 donations for purchasing wine to be sold at the Auction. This year wine will be sold in small groupings, which is thought to be a wiser way than having one huge collection. The potential for income becomes stronger. There will also be a Dessert Auction, which Isbell will orchestrate. Nancy Weiss is again set up for storage of items for the Auction. The next meeting for the Auction Committee will be at Joan Thomasson's, July 12<sup>th</sup>, 7:00 p.m. All members are encouraged to attend these meetings whenever possible. All members are expected to participate on this committee to assure we have a successful event. The Auction Committee made a motion the budget be accepted, and it passed.

**Old Business:** The newly printed Rosters are out and are available for members. However, there have been some errors and omissions noted and we will need to further review and correct those. It was decided at the next meeting to pass around an editing copy to those present, and they can proof their own information and make needed corrections in this copy, and sign off. There will be copies available for those who need them. All members will need to review this Roster and you can send corrections needed to Judy Gish ([judygish@comcast.net](mailto:judygish@comcast.net)) and also to Helen Kendall ([h.kendall2@comcast.net](mailto:h.kendall2@comcast.net)) as she is handling the online Roster and wants to make certain all information there is correct and updated as well. If you see no corrections needed and want to sign off online, please do so by contacting Judy. Discussion regarding our printed Rosters included some commenting that perhaps this is unnecessary in view of the fact you can obtain full rosters online. They have updated information and can be printed off for personal use. The work that goes into the printed ones is very taxing, and information is ever-changing, so by the time it is printed, there are already needed changes. For this year, we will do our best to update these books and give membership needed changes and corrections ASAP.

**New Business:** Committee reports were given. Status of Women/Service Committee - Pat Allen reported the first meeting was held and there were divisions of scholarships made, plus organization of duties within the committee. The

"Teabags and Rags" event which includes an Auction, will be held on September 29<sup>th</sup>. Pat will be attending a meeting soon and will come back with more detailed information. The most current news she has is our volunteering will be essentially as "runners" at the Auction, and they are asking for 8-10 people.

Finance Committee - Jean Ann French presented a new idea the committee came up with (via Jean Cooley McKay) for hosting fun/special events in various homes and charging \$50. or some other designated amount to participate. The hostess donates all materials, costs, of the event, and the proceeds go to Zonta. Ideas presented were such things as Bunco Party or a Tea Party. Invitations would go out and those outside of Zonta would be welcomed as well. Participants could choose an event that matches their personal interests.

Membership/Fellowship - Therese Quinn reported on the upcoming 15<sup>th</sup> Nubian Jam, to be held again this year at Forest Park, on Saturday, July 28<sup>th</sup>. The focus is to honor the customs and culture of the African-Americans and it is very festive and well attended according to Therese. Zonta had a booth with our informational materials available last year, and if there is enough support to man the booth in shifts for the day, we'll do it again this year. Therese has a sign-up sheet for one hour shifts that are between the hours of 11 a.m. to 7 p.m. If you can help, please contact Therese at: [quinn5@comcast.net](mailto:quinn5@comcast.net) or 425-870-3572. This is a very rich opportunity to share what our Club represents and to entice new membership. Judy Gish encouraged everyone to mark their calendars for the August 25<sup>th</sup> Picnic to be held at Jaime Berry's Hat Island home.

Program - Chris Rommel reported on our next Program, for the Luncheon Meeting, July 19<sup>th</sup>. Vicci Hilty from CBW will discuss Dating Violence. There will be our Picnic in August, and September will feature a joint Luncheon with the Soroptomists of Everett. The Program Committee next meets on Wednesday, July 18<sup>th</sup> at Nancy Weiss's.

Public Relations - Helen Kendall and Darlene Conkle' explained there is a new email address for submission of articles to the Zontagram. Send them to: [editor.dar@gmail.com](mailto:editor.dar@gmail.com) and it is very helpful if you write "Zontagram" in the subject line. Be sure full information is provided for articles and photos are included when available. We have a good working relationship with "The Herald" and other publications now, and it is important to keep getting the word out about Zonta whenever opportunity strikes!

**OTHER BUSINESS:** Carol Dreyse announced there will be a picnic gathering near Nanaimo, B.C. for District 5, on July 28<sup>th</sup>. There are accommodations for 3 from our Club, and if you are interested, contact Carol.

Carol Dreyse presented the news that Pat Allen has agreed to run for Vice-Area Director for Area 5. Congratulations and best wishes to Pat.

Advocacy Committee will be meeting on July 26<sup>th</sup> at the CBW, 6:15 p.m.

Other important dates - Program Meeting, July 19<sup>th</sup>, EG&CC; Business Meeting, August 2<sup>nd</sup>, 7:30 a.m. EG&CC; Summer Picnic, August 25<sup>th</sup>, all day, Hat Island.

The Raffle item winner was Darlene Conklé.

**ADJOURNED:**

With no further business on the agenda, the meeting was adjourned at 8:50 a.m.

Respectfully submitted,  
Judy Gish- Secretary

**Save the Date  
PR Opportunity**



**September 7, 8 & 9  
Rosehill Community Center  
Mukilteo, WA 98275**

**Volunteers are again needed  
for this community event.**

- **to relieve Artists at their booths so they can take a break**
- **at information booth**

Members are encouraged to wear their pins and/or vests to let everyone know who we are and answer questions about our mission. Contact: Darlene Conklé, 425.493.1077 or [conkledar@yahoo.com](mailto:conkledar@yahoo.com) to sign up or if you have any questions.



## Z-lightful Dollars

July 5, 2007

Helen: Glad to be home from our fabulous trip to China

Jean Ann:

- Business cards for consulting company, Social Response Network &
- bought berries to freeze

Pat Allen: One month and counting until Lyla arrives.

Darlene Conkle: Z-lighted to spend weekend with grandchildren and become foster parents for grand-puppies

Paula Trimble: Parents celebrate 67<sup>th</sup> wedding anniversary.

July 19, 2007

Isbell: Thanks to Paula who chaired the business meeting last month.

Paula: For the wonderful Program Committee Meeting last night.

Jean Ann: New company Social Response Network, live website and box

Margaret Bruland: Thank you to the Z Club members who sent CBW \$154 which will be used for summer activities for the children in shelter and transitional housing.

Janet Jolley: Z-lighted Jan Parker is here today.

Nancy Kniest: Became President of Stuchell Enterprises.

Linda Senter: Glad Jan & Jean are both here and doing well.

Jean Cooley McKay: for my "fat juicy" brain and for Jan being back.

Jen Parker: For my cancer-free diagnosis and my son's marriage.

Isbell: Welcome guest Sue Bachman

Myrna Overstreet: Had a delightful trip to England in June.

Suzie Truglio: New granddaughter – Alexie Patrick.

Patty Lervick: Recuperating sister

Helen Kendall:

- For Jan Parker's return and
- My son's family's move to Portland

Norlonna:

- So great to have Jan Parker here
- Only one more day left of taking care of 4 month old lab puppy

Sandy Kaduce: Elected to VP of Site Selection for Snohomish Habitat for Humanity

Darlene Conklé: Z-lightful dollar for Zontian, Helen Kendall, making front page of the Beacon at ground breaking for new addition at Mukilteo YMCA.



Go Girl! Break ground!  
Helen!!

## Leadership Presentation June 21, 2007



Jean Ann French gave a thoughtful, moving talk focusing on Leadership in Volunteer Management for the June Program meeting, focusing on how leadership skills transfer and inter-relate between business and volunteering. Drawing from her solid experience leading Habitat for Humanity Builds, she shared the leadership story of her most recent efforts leading a Build in Ecuador in spring of 2007. Jean Ann has recently opened her own business entitled, "Social Response Network" with its stated purpose being, "Developing Alliances Between Corporations and Non-Profit."

She outlined four key steps for the establishment of a successful, collaborative team, and commented as to how she observed her team in Ecuador passing through each of those and achieving the "performing" level in which the team has now reached full utilization of their talents and have appreciation of differences among them, in terms of contributions and talents. Jean explained that whenever a group comes together as a volunteer committee, sports team, or a department at work that all go through four stages of development:

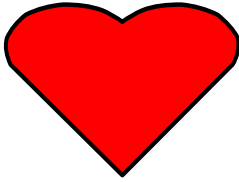
- Is hosting - Dr. Meg Wheatley
  - A new kind of leader
  - Meg Wheatley states that Western cultural views see leaders as controlling and at times of chaos and uncertainty they tighten already feeble controls which creates more chaos
  - Use the more noble human traits of cooperation, caring, and generosity – a participative, self-organizing process
- Is serving as a conduit
  - Team members lead their area of expertise
  - Similar to hosting – think of it as being a connector to more power – the power of participation and utilization
  - The power comes from individual team members and flow through the lead to create a greater power
  - Common goal
  - Get the team's buy-in and give them ownership
- Is guidance
  - Like a tour guide – taking people where you've been before and let them discover on their own

She further defined some key elements the manager of volunteers must incorporate in order to achieve ultimate success as a team on a given task. The choosing of team members has some intricacies, and once a team is in place it requires thoughtful assigning/distribution of workloads, constant monitoring/observing of pre-determined goals and expected work ethics, deadlines, etc; and it was emphasized that it is important to realize that non-performing volunteers can and should be fired, with finesse, for the good of the team and the project at hand.

Her next Build will be in November leading a team in Romania, and Jean Ann plans to further document leadership and team related behaviors for more insights/conclusions as to how collaborative efforts can best be orchestrated and guided. Her presentation concluded with a gift to Isbell, a lovely starfish necklace, symbolizing "The Starfish Story" by Loren Eiseley that emphasizes the importance of making the effort to make a difference, and even if it is a very small change for the better, it matters.

Most of us would be upset if we were accused of being "silly." But the word "silly" comes from the old English word "selig," and its literal definition is "to be blessed, happy, healthy and prosperous."

Zig Ziglar



I  Zonta

### Essay Competition

Most Zontians could write pages describing why they love Zonta ~ now is your chance.

The District 8 Public Relations and Communications Committee is challenging the Zonta members of District 8 to share with us just what it is you love so much about your experiences as a Zontian. Tell us what keeps you coming back every year. The real challenge will be to limit it to 300 words or less.

#### Competition Guidelines

Three winners will be selected by the District 8 PR and Communications Committee.

1st Prize	\$50 Gift Certificate for Spa Services & a Red Heart T-shirt
2 <sup>nd</sup> Prize	\$20 Starbucks Coffee Card & a Red Heart T-shirt
3 <sup>rd</sup> Prize	Chocolate treats made by Zonta Club of the Coos Bay Area.

Minimum of 100 words, no more than 300 words.  
Poems, pictures with captions and essays permitted.  
Individual member submissions only.

Send all entries to:

Lindi Quinn  
63726 Ross Inlet Road  
Coos Bay, OR 97420

Deadline for submission is **September 1, 2007**.

Winners will be announced prior to the 2007 District 8 Conference which will be held October 18-20 in Eugene Oregon.

Winning entries will be published in the District 8 newsletter. The 1<sup>st</sup> prize winner will be invited to read her entry at the District 8 Conference.

Email questions to [lgalgerud@aol.com](mailto:lgalgerud@aol.com)

Have fun by sharing your story ~ We'd love to hear from you!

**Have you shared Zonta with someone today?  
Invite a friend, co-worker or relative to a meeting or event.**

**\*\_Lessons on Life\_\***

There was an Indian Chief who had four sons. He wanted his sons to learn not to judge things too quickly. So he sent them each on a quest, in turn, to go and look at a pear tree that was a great distance away.

The first son went in the winter, the second in the spring, the third in summer, and the youngest son in the fall.

When they had all gone and come back, he called them together to describe what they had seen.

The first son said that the tree was ugly, bent, and twisted.

The second son said no, it was covered with green buds and full of promise.

The third son disagreed; he said it was laden with blossoms that smelled so sweet and looked so beautiful, it was the most graceful thing he had ever seen.

The last son disagreed with all of them; he said it was ripe and drooping with fruit, full of life and fulfillment.

The man then explained to his sons that they were all right, because they had each seen but only one season in the tree's life.

He told them that you cannot judge a tree, or a person, by only one season, and that the essence of who they are and the pleasure, joy, and love that come from that life can only be measured at the end, when all the seasons are up.

If you give up when it's winter, you will miss the promise of your spring, the beauty of your summer, fulfillment of your fall.

**\* Moral \***

Don't let the pain of one season destroy the joy of all the rest.

Don't judge life by one difficult season.

Persevere through the difficult patches and better times are sure to come sometime.

Live Simply. Love Generously. Care Deeply. Speak Kindly. Leave the Rest to God.

Happiness keeps You Sweet,

Trials keep You Strong,

Sorrows keep You Human,

Failures keep You Humble,

Success keeps You Glowing,

But Only God keeps You Going!

**Recipe Corner****Couscous Chicken Salad**  
**Serves 6****Salad**

- 6 chicken breast halves, skinned
- 4 cups chicken stock
- 2 cups couscous
- 1 tomato, chopped
- 3 green onions, thinly sliced
- 1 15-ounce can garbanzo beans, drained
- ½ cup red bell pepper, diced
- ½ cup dried currants
- ¼ cup parsley, minced

**Dressing**

- ½ cup lemon juice, freshly squeezed
- 6 tablespoons olive oil
- 1 medium clove garlic, minced
- ¼ teaspoon cumin
- ¼ teaspoon curry powder
- ¼ teaspoon Tabasco sauce
- salt and freshly ground pepper
- ½ cup pine nuts, toasted

Chilling time 1 hour.

- Place chicken and stock in a large skillet. Simmer gently until chicken is cooked through, about 15 to 20 minutes. Remove chicken from stock. Strain stock and return to skillet.
- Bring stock to boil and slowly stir in couscous. Mix thoroughly with a fork, cover and remove from heat. Let stand until stock is absorbed, about 15 minutes. Fluff couscous with a fork and spread on a baking sheet to cool. Transfer to a large bowl.
- Remove chicken from bone and cut into bite-sized pieces. Add to bowl with couscous. Mix in tomato, green onion, garbanzo beans, red pepper, currants and parsley.
- For Dressing: blend lemon juice, oil, garlic, cumin, curry powder and Tabasco in a small bowl. Season with salt and pepper to taste.
- Add dressing to couscous mixture and toss well. Refrigerate at least 1 hour, or up to 1 day. Sprinkle with pine nuts before serving.

From: Simply Classic, The Junior League of Seattle

Submitted by: Isbell Juntilla